

8 STEPS TO IMPROVING YOUR MUSICIANSHIP

1. **EVERY MISTAKE YOU MAKE IS AN OFFERING, A CHANCE FOR YOUR TEACHER TO HELP YOU.**

A good teacher looks for improvement and doesn't expect perfection, so why should you?

2. **WHAT FEELS STRANGE OR DIFFERENT MIGHT ALSO FEEL EASIER. FOCUS ON THE EASY.**

There are so many different ways to do the same thing, and they're all worth trying.

3. **START WITH A POSITIVE INTENTION. PLAY HOW YOU WANT THE MUSIC TO SOUND.**

Take your time. You're going to play it as well as you can with the amount of practice you've had.

4. **IF YOU DON'T LISTEN TO MUSIC, YOU WON'T GET BETTER AT PLAYING MUSIC.**

Passion equals motivation. Listen with intent. Get inspired by something new.

5. **YOU CAN'T CHANGE SOMETHING THAT HAS ALREADY HAPPENED. DON'T LET IT STOP YOU.**

Mistakes are inevitable. We can only observe how we react to them and improve our ability to relax.

6. **YOUR WHOLE BODY IS FREE TO MOVE AND CO-ORDINATE WHEN YOU'RE BALANCED.**

We use every part of our mapped body to play the piano, from the top of our head to the ends of our toes.

7. **YOU WILL IMPROVE WITH REPEATED PRACTICE.**

Progress is made day-by-day and measured month-by-month. Celebrate your improvements.

8. **HAVE FUN. BE SILLY. STEP OUTSIDE YOUR ZONE.**

Music has the potential to be the most fun thing you do in your whole life, if you let it.